

ONE STANDS FOR ONLY NATURAL ENERGY.

The just eat fit one package is exactly what you need to inspire healthy change in your life.

It's all about fueling your body with whole, UNPROCESSED foods. This means that any meal classified as a "ONE" is made using only real food -- no additives.

 ***Included in the package:***

- Grocery Shopping Tour w/ Jaqui
- 60 Minute Nutritional Consultation w/ Jaqui
- 1 Month Open Gym at Just Get Fit including white board workouts, a private Facebook group with workout videos and accountability.

\$180




Jaqui Griffith, RD-LDN



Just Get Fit is passionate about helping you live your healthiest life.

For more information:

 850.629.4806

or visit
www.justgetfit.fit

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